



## **Coach Arthur Martin**

**Hails from the Great State of Mississippi  
Graduate of the TRUE Black and Gold Eastside High School (TROJANS)  
Over 20 years of US Army and Army Reserve Affiliation**

### **Learn, Perfect, and Practice Fundamentals and Techniques**

**Coach Martin comes to Ft. Belvoir Sonic Boom Track Club with a varied wealth of experience. From his days on active duty to the present, he has actively played a part in youth sports, both as a parent and as a coach. Coach Martin believes in the fundamentals of sports and activities. Coach Martin bears witness to a solid fundamental foundation being essential to the successful development of the TOTAL athlete.**

**Coach Martin has been a part of the Fort Belvoir Sonic Boom Track Club staff since 2006. Coach Martin worked with Fort Belvoir's Sonic Boom Track Club to prepare many athletes to successfully compete in the local track meets, AAU National Championships and the USATF Championships. This includes training, instructing, and encouraging Sonic Boomers in Shot Put, Discus, Race Walk, and Long-Middle-Short distance performances.**

**Coach Martin has been a coach with the military and military youth services programs for over 10 years. This includes the sports of basketball (Military Base representation level and below), baseball (15ys and below), softball (coed and below), track and field (18 yrs and below).**

**Coach Martin is USATF level 1 trained. Coach Martin's coaching philosophy, "Learn, Perfect, and Practice Fundamentals and Techniques. Get in the Books-Learn Your Craft. Put in the work to make your dreams a stepping stone to success." With regards to coaching Sonic Boomers it's all about the kids!!!!**