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The 4th Annual Lightning Relays  
Hosted by Dale City Track Club  
Garfield High School Woodbridge, VA - 6/16/2018  
Results

## Girls 100 Meter Dash 7-8

Name	Year Team	Seed	Finals	H#
Finals				
1 Williams, Charly Ski	LIGHTNING EA	15.20	16.17	3
2 Ridenour, Ellory	ASHBURN ELIT	16.61	17.12	3
3 Bacon, Addison	2ND TO NONE	16.88	17.44	3
4 Hadley, Ophelia	D.C. SPEED T	18.00	17.96	3
5 Simmonds, Faith	SPARTAN CHOS		17.97	1
6 Mcewen, Lanna	D.C. SPEED T	18.90	18.45	3
7 Mason, Ahmaya	SPARTAN CHOS		18.68	1
8 brewer, samara	FORT BELVOIR		19.01	1
9 Harrington, Kylee	LIGHTNING EA		19.52	1
10 Cafasso, Miezi	D.C. SPEED T		19.73	2
11 Tibbs, Abigail	DALE CITY LI		19.80	2
12 brewer, leylah	FORT BELVOIR		19.85	2

## Girls 200 Meter Dash 7-8

Name	Year Team	Seed	Finals	H#
1 Williams, Charly Ski	LIGHTNING EA	33.50	35.73	3
2 Smith, Holland	ASHBURN ELIT	36.00	36.40	3
3 McClendon, London	FALMOUTH TID	38.00	38.12	3
4 McCree, Kaliah	WALDORF WILD		38.41	1
5 Fowlkes, Mia	WALDORF WILD		38.89	3
6 Simmonds, Faith	SPARTAN CHOS		39.59	2
7 Pete, Lauryn	DALE CITY LI		39.65	1
8 Hadley, Ophelia	D.C. SPEED T	37.00	39.68	3
9 brewer, samara	FORT BELVOIR		40.72	1
10 Perez, Kelcia Howard	DALE CITY LI		41.00	2
11 Mason, Ahmaya	SPARTAN CHOS		41.32	2
12 Perez, Kourtney Howard	DALE CITY LI		42.23	1
13 Cafasso, Miezi	D.C. SPEED T		44.88	2
14 hines, sydney	FORT BELVOIR		44.98	1
15 Harrington, Kylee	LIGHTNING EA		45.13	2
16 Tibbs, Abigail	DALE CITY LI		45.65	2
17 Brown, Cree	DALE CITY LI		47.53	1

## Girls 400 Meter Dash 7-8

Name	Year Team	Seed	Finals
1 Bacon, Addison	2ND TO NONE	1:24.00	1:26.06
2 McClendon, London	FALMOUTH TID	1:28.00	1:30.50
3 hines, sydney	FORT BELVOIR		1:31.58
4 Eliis-Johnson\$, Airiana	LIGHTNING EA		1:34.69

## Girls 800 Meter Run 7-8

Name	Year Team	Seed	Finals
1 Gordon, Emily	ASHBURN ELIT		3:17.27

2 Bacon, Addison	2ND TO NONE	3:29.00	3:28.86
3 Ellis-Johnson\$, Airiana	LIGHTNING EA		3:43.76
4 Simmonds, Faith	SPARTAN CHOS		3:44.33

## Girls 1500 Meter Run 7-8

Name	Year Team	Seed	Finals
1 Gordon, Emily	ASHBURN ELIT		7:04.87

## Girls 4x100 Meter Relay 7-8

Team	Seed	Finals
1 D.C. SPEED TRACK CLUB 'A'		1:06.19
2 WALDORF WILDCATS YOUTH SPORTS 'A'		1:06.52
3 ASHBURN ELITE TRACK CLUB 'A'		1:11.78
4 DALE CITY LIGHTNING 'A'		1:12.77

## Girls 4x400 Meter Relay 7-8

Team	Seed	Finals
1 WALDORF WILDCATS YOUTH SPORTS 'A'		6:18.01

## Girls 800 Sprint Medley 7-8

Team	Seed	Finals
1 D.C. SPEED TRACK CLUB 'A'		2:31.99
2 ASHBURN ELITE TRACK CLUB 'A'		2:38.49
-- DALE CITY LIGHTNING 'A'		DNF

## Girls Long Jump 7-8

Name	Year Team	Seed	Finals
1 Hunt, Sydney	D.C. SPEED T	11-00.00	10-10.00
2 Campbell, Chrishelle	D.C. SPEED T	10-02.00	9-08.75
3 Walker, Kaylee	ASHBURN ELIT	8-00.25	9-00.25
4 Perez, Kourtney Howard	DALE CITY LI		7-06.00
5 Harrington, Kylee	LIGHTNING EA		7-01.00
6 Ellis-Johnson\$, Airiana	LIGHTNING EA		6-07.00
7 brewer, leylah	FORT BELVOIR		6-05.00
8 Mason, Ahmaya	SPARTAN CHOS		5-11.00
-- Perez, Kelcia Howard	DALE CITY LI		ND

## Girls Shot Put 7-8

Name	Year Team	Seed	Finals
1 Snow, Timaya	D.C. SPEED T		12-06.50
2 Mcewen, Lanna	D.C. SPEED T	10-10.00	10-04.00
3 brewer, samara	FORT BELVOIR		9-08.25
4 hines, sydney	FORT BELVOIR		9-05.00

## Girls 100 Meter Dash 9-10

Name	Year Team	Seed	Finals	H#
1 Newman, Cailey	D.C. SPEED T	14.38	14.89	4
2 Lyttle, Brooklyn	D.C. SPEED T	14.40	15.16	4
3 Miller*, Laila	LIGHTNING EA	16.50	15.62	3
4 Davis, Maleeha	DALE CITY LI		15.83	2
4 Taylor, Sydney	VIRGINIA PRI	15.80	15.83	4
6 Young, Kaitlyn	D.C. SPEED T	15.10	15.84	4
7 Walker, Baili	DALE CITY LI		16.04	2
8 Hunt, Sanai	D.C. SPEED T	16.40	16.17	3
9 Collins +*, Amirah	LIGHTNING EA		16.21	1
10 Gill, Jocelyn	D.C. SPEED T	15.35	16.35	4
11 Newton, Amaiya	ASHBURN ELIT	15.74	16.39	4
12 Ellis, Aniyah	DALE CITY LI		16.54	1
13 Green, Armani	UNATTACHED	16.83	16.56	3
14 Davis, Kyra	LIGHTNING EA		16.65	1

15 Tucker, Kiara	D.C. SPEED T	16.80	16.72	3
16 Davis, Kelis	UNATTACHED		16.99	2
17 Golden, Ryan	UNATTACHED	16.60	17.02	3
18 Norris, Bianca	D.C. SPEED T		17.24	2
19 Tucker, Niara	D.C. SPEED T	17.00	17.33	3
20 Wallace, Julia	DALE CITY LI		18.45	1
21 Dew, Chloe	D.C. SPEED T		19.35	1
22 Anthony, Doralyn	DALE CITY LI		20.03	1
23 Neely*, McKenzie	LIGHTNING EA		29.53	1

## Girls 200 Meter Dash 9-10

Name	Year Team	Seed	Finals	H#
1 Brazton, Tierra	DALE CITY LI		31.11	2
2 Newman, Cailey	D.C. SPEED T	32.00	31.77	4
3 Lyttle, Brooklyn	D.C. SPEED T	31.00	31.88	4
4 Belle, Ava	DALE CITY LI		32.19	3
5 Newton, Amaiya	ASHBURN ELIT	34.86	33.03	4
6 Collins +*, Amirah	LIGHTNING EA		33.62	2
7 Chadwick, Laila	VIRGINIA PRI		33.72	1
8 Ellis, Aniyah	DALE CITY LI		33.81	3
9 Walker, Baili	DALE CITY LI		33.92	2
10 Young, Kaitlyn	D.C. SPEED T	33.00	34.15	4
11 Davis, Kyra	LIGHTNING EA		34.37	3
12 Davis, Kelis	UNATTACHED		35.31	1
13 Hunt, Sanai	D.C. SPEED T	35.00	35.37	4
14 Green, Armani	UNATTACHED	35.84	35.39	4
15 Golden, Ryan	UNATTACHED	34.10	35.95	4
16 Norris, Bianca	D.C. SPEED T	36.00	35.96	3
17 Ingram, Taylor	WALDORF WILD		36.01	1
18 McCall, Kendall	DALE CITY LI		36.32	2
19 Crawford, Saniya	VIRGINIA PRI		36.67	1
20 Ferdinand, Courtney	DALE CITY LI		36.81	1
21 Davis, Maleeha	DALE CITY LI		37.13	1
22 Wallace, Julia	DALE CITY LI		37.17	3
23 Davis, Jayla	WALDORF WILD		37.26	1
24 Tucker, Niara	D.C. SPEED T	37.00	37.58	3
25 Cammack, Fiona	D.C. SPEED T		39.35	2
26 Dew, Chloe	D.C. SPEED T	39.00	42.81	3
27 Anthony, Doralyn	DALE CITY LI		48.45	1
28 Neely*, McKenzie	LIGHTNING EA		1:07.42	2

## Girls 400 Meter Dash 9-10

Name	Year Team	Seed	Finals	H#
1 Chadwick, Laila	VIRGINIA PRI		1:15.75	2
2 Green, Armani	UNATTACHED		1:18.15	2
3 Newton, Amaiya	ASHBURN ELIT	1:19.00	1:18.18	2
4 Davis, Kyra	LIGHTNING EA		1:21.13	1
5 Hunt, Sanai	D.C. SPEED T	1:22.00	1:22.83	2
6 Norris, Bianca	D.C. SPEED T	1:20.00	1:23.13	2
7 Crawford, Saniya	VIRGINIA PRI		1:23.59	1
8 Golden, Ryan	UNATTACHED		1:25.43	1
9 Cammack, Fiona	D.C. SPEED T		1:28.11	1
10 Gashaw, Haran	DALE CITY LI		1:29.78	2
11 Reid, Joslyn	2ND TO NONE		1:41.23	1

## Girls 800 Meter Run 9-10

Name	Year Team	Seed	Finals
1 Jones, Hadara	SPEED UNLIMI	2:49.00	2:59.52
2 Taylor, Sydney	VIRGINIA PRI		3:03.76
3 Reid, Joslyn	2ND TO NONE	4:08.00	4:15.75
-- Gashaw, Haran	DALE CITY LI		DNF

## Girls 1500 Meter Run 9-10

Name	Year Team	Seed	Finals
1 Jones, Hadara	SPEED UNLIMI	6:10.00	6:11.03

## Girls 4x100 Meter Relay 9-10

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		1:02.56

## Girls 4x400 Meter Relay 9-10

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		5:11.16

## Girls 800 Sprint Medley 9-10

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		2:38.57

## Girls Long Jump 9-10

Name	Year Team	Seed	Finals
1 Jones, Hadara	SPEED UNLIMI	12-04.00	12-01.00
2 Drake, Deja	DALE CITY LI		11-11.00
3 Chadwick, Laila	VIRGINIA PRI		11-10.00
4 Taylor, Sydney	VIRGINIA PRI		11-07.00
5 Ferdinand, Courtney	DALE CITY LI		11-04.00
6 Lyttle, Brooklyn	D.C. SPEED T	11-00.00	11-03.50
7 Belle, Ava	DALE CITY LI		11-00.75
8 Gill, Jocelyn	D.C. SPEED T	11-00.00	10-07.50
9 Tucker, Kiara	D.C. SPEED T		10-07.00
10 Collins +*, Amirah	LIGHTNING EA		10-01.50
11 Cammack, Fiona	D.C. SPEED T		8-07.75
12 brewer, amina	FORT BELVOIR		7-10.75
13 Crawford, Saniya	VIRGINIA PRI		7-02.50
-- McCall, Kendall	DALE CITY LI		ND

## Girls Shot Put 9-10

Name	Year Team	Seed	Finals
1 Newman, Cailey	D.C. SPEED T	23-07.25	24-02.50
2 Young, Kaitlyn	D.C. SPEED T	23-00.00	21-00.00
3 Gill, Jocelyn	D.C. SPEED T		16-01.25
4 Dew, Chloe	D.C. SPEED T	11-00.00	12-10.50
5 Tucker, Niara	D.C. SPEED T		12-09.75
6 Miller*, Laila	LIGHTNING EA		11-10.75
7 Neely*, McKenzie	LIGHTNING EA		11-10.50
8 Tucker, Kiara	D.C. SPEED T		11-07.25
9 Reid, Joslyn	2ND TO NONE		10-00.00

## Girls 100 Meter Dash 11-12

Name	Year Team	Seed	Finals	H#
1 Armstrong, Kylee	SPEED UNLIMI	14.30	14.33	3
2 Stewart, Anya	D.C. SPEED T	14.10	15.11	3
3 Hayes, Layanna	CAROLINE YOU	15.33	15.39	3
4 Horton, Lauren	ASHBURN ELIT	15.47	15.71	3
5 Gibbs-Hutcherson, Freda	2ND TO NONE	15.00	16.05	3
6 Anderson, Lauryn	D.C. SPEED T		16.12	1
7 Newell, Jada	D.C. SPEED T		16.90	1
8 Walker, Tamara	D.C. SPEED T	15.03	17.00	3
9 Singleton, Macari	DALE CITY LI		17.14	1
10 Freeman, Zahria	DALE CITY LI		17.21	1
11 brewer, heavenly	FORT BELVOIR		17.62	1
12 Snow, Timara	D.C. SPEED T		17.72	2
13 Arnold, Kamora	FALMOUTH TID		18.95	2
14 Taylor +*, Zubria	LIGHTNING EA		19.90	2
15 Gashaw, Ella	DALE CITY LI		22.00	2

## Girls 200 Meter Dash 11-12

Name	Year Team	Seed	Finals	H#
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Name	Year Team	Seed	Finals	H#
1 Hatcher, Jada	UNATTACHED	27.00	27.63	4
2 Byrd, Ruqayyah	DALE CITY LI		28.67	2
3 Jones, Payton	SPEED UNLIMI	27.90	28.88	4
4 Keitt, Amaya	SPEED UNLIMI	29.00	29.05	4
5 Mosley, Natasha	SPEED UNLIMI	32.00	29.65	3
6 Mack, Kennedy	D.C. SPEED T		30.34	2
7 Armstrong, Kylee	SPEED UNLIMI	30.50	30.51	3
8 Dooley, Zion	DALE CITY LI		31.59	2
9 Jackson, Gabrielle	VIRGINIA PRI		33.59	1
10 Horton, Lauren	ASHBURN ELIT	33.00	33.76	3
11 Gibbs-Hutcherson, Freda	2ND TO NONE	30.00	34.49	4
12 Snow, Timara	D.C. SPEED T		34.81	1
13 Reibold, Kaitlyn	DALE CITY LI		35.05	3
14 Smalls, Zaria	WALDORF WILD		35.18	2
15 Parrish, Abria	WALDORF WILD		36.16	1
16 brewer, heavenly	FORT BELVOIR		39.39	2
17 Beniyam, Melat	DALE CITY LI		39.74	3
18 Turner-Davis, Tarryn	DALE CITY LI		40.01	2
19 Ortiz, Samiyah	WALDORF WILD		40.57	1
20 Byrd-Gross, Maya	D.C. SPEED T	30.02	41.57	4
21 shuman, ava	FORT BELVOIR		43.68	2
22 Gashaw, Ella	DALE CITY LI		50.97	1

## Girls 400 Meter Dash 11-12

Name	Year Team	Seed	Finals	H#
1 Muhammad, Laila	DALE CITY LI	1:00.00	1:01.10	3
2 Hatcher, Jada	UNATTACHED	1:01.00	1:02.38	3
3 Jones, Payton	SPEED UNLIMI	1:04.11	1:03.67	3
4 Byrd, Ruqayyah	DALE CITY LI	1:04.00	1:03.97	3
5 Keitt, Amaya	SPEED UNLIMI	1:05.40	1:04.43	3
6 Mosley, Natasha	SPEED UNLIMI	1:06.00	1:05.60	2
7 Dooley, Zion	DALE CITY LI		1:11.98	2
8 Beniyam, Lidya	DALE CITY LI		1:14.51	1
9 Jackson, Gabrielle	VIRGINIA PRI		1:16.18	2
10 Horton, Lauren	ASHBURN ELIT	1:25.00	1:18.20	2
11 Gibbs-Hutcherson, Freda	2ND TO NONE	1:17.51	1:18.89	2
12 Hawkins, Nkechi Sophia	D.C. SPEED T	1:17.00	1:19.14	2
13 brewer, heavenly	FORT BELVOIR		1:29.49	1
14 shuman, ava	FORT BELVOIR		1:39.51	1

## Girls 800 Meter Run 11-12

Name	Year Team	Seed	Finals
1 Johnston, Emma	DALE CITY LI	2:56.00	2:54.65
2 Reibold, Kaitlyn	DALE CITY LI		3:07.22
3 Woods, Kalia	WALDORF WILD		3:18.14

## Girls 1500 Meter Run 11-12

Name	Year Team	Seed	Finals
1 Muhammad, Laila	DALE CITY LI		5:46.13
2 Beniyam, Lidya	DALE CITY LI	5:59.00	5:48.35
3 Reibold, Kaitlyn	DALE CITY LI		6:44.84
-- watson, jacqualynn	FORT BELVOIR		DNF
-- Woods, Kalia	WALDORF WILD		DNF
-- Johnston, Emma	DALE CITY LI	6:20.00	DNF

## Girls 4x100 Meter Relay 11-12

Team	Seed	Finals
-- WALDORF WILDCATS YOUTH SPORTS 'A'		DQ

## Girls 4x800 Meter Relay 11-12

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		11:00.97
2 WALDORF WILDCATS YOUTH SPORTS 'A'		13:17.76

3 D.C. SPEED TRACK CLUB 'A' 13:40.39

Girls 800 Sprint Medley 11-12

Team	Seed	Finals
1 D.C. SPEED TRACK CLUB 'A'		2:28.16

Girls Long Jump 11-12

Name	Year Team	Seed	Finals
1 Jones, Payton	SPEED UNLIMI	14-00.25	15-01.00
2 Hatcher, Jada	UNATTACHED	15-00.00	14-09.75
3 Walker, Bailey	ASHBURN ELIT	11-07.00	14-01.00
4 Mcewen, Laura	D.C. SPEED T	14-01.00	13-09.25
5 Mosley, Natasha	SPEED UNLIMI	13-00.00	13-05.00
6 Dooley, Zion	DALE CITY LI		12-08.50
7 Gayles, Chloe	D.C. SPEED T		11-10.00
8 Hayes, Layanna	CAROLINE YOU	12-00.25	10-07.25
9 Anderson, Lauryn	D.C. SPEED T		8-10.50
10 shuman, ava	FORT BELVOIR		8-01.50
11 Stewart, Anya	D.C. SPEED T		8-00.50

Girls Shot Put 11-12

Name	Year Team	Seed	Finals
1 Walker, Tamara	D.C. SPEED T	24-07.00	21-10.25
2 Armstrong, Kylee	SPEED UNLIMI	21-00.00	21-06.00
3 Gayles, Chloe	D.C. SPEED T	16-08.00	21-01.00
4 Mcewen, Laura	D.C. SPEED T	17-04.00	20-04.25
5 Hawkins, Nkechi Sophia	D.C. SPEED T	19-02.75	20-02.50
6 Mack, Kennedy	D.C. SPEED T		19-08.00
7 Arnold, Kamora	FALMOUTH TID	16-00.25	19-07.50
8 Freeman, Zahria	DALE CITY LI		19-03.50
9 Singleton, Macari	DALE CITY LI		15-03.00
10 Taylor +*, Zubria	LIGHTNING EA		14-01.25

Girls 100 Meter Dash 13-14

Name	Year Team	Seed	Finals	H#
1 Howard, Jillian	ASHBURN ELIT	12.99	13.05	5
2 Evans, Raven	DALE CITY LI	12.80	13.16	5
3 Evans, Jordyn	DALE CITY LI		13.19	4
4 Simpson, Laila	DALE CITY LI	13.00	13.44	5
5 Bush, Zoe	SPEED UNLIMI	13.30	13.51	5
6 Stewart, Emily	ASHBURN ELIT	13.42	13.53	4
6 Guerrero, Ariana	SPEED UNLIMI	13.20	13.53	5
8 Snow, Timia	D.C. SPEED T	14.00	13.60	4
9 Thomas, Asia	ASHBURN ELIT	13.19	13.62	5
10 Gooden, Lena	DALE CITY LI	13.00	13.65	5
11 Bishop, Gabrielle	DALE CITY LI	13.30	13.70	4
12 Bryan, Brinley	ASHBURN ELIT	13.65	13.73	4
13 Blue, Alaycea	DALE CITY LI	13.50	13.84	4
14 Giles, Morgan	ASHBURN ELIT		13.94	2
15 Ferguson, Jaidyn	CAROLINE YOU	13.63	14.25	4
16 Davis, Lauren	2ND TO NONE	13.44	14.27	4
17 Yeboah, Jada	DALE CITY LI		14.39	3
18 Hicks, Aurelia	DALE CITY LI		14.45	1
19 Harris, NaKaela	DALE CITY LI		14.65	2
20 rivera, jeciana	FORT BELVOIR		14.89	1
21 Trotter, Eriyielle	D.C. SPEED T		15.07	2
22 Lewis, Jucenia	ASHBURN ELIT	14.22	15.32	3
23 brewer, honesty	FORT BELVOIR		15.61	2
24 Woolfolk, Naomi	DALE CITY LI	15.00	15.71	3
25 Preddie, Jenae'	D.C. SPEED T	16.00	15.72	3
26 Rouse, Camryn	VIRGINIA PRI		15.88	1
27 Britt, Nadya	2ND TO NONE		16.74	1
28 Porch, Molly	DALE CITY LI		17.36	1
29 Kargbo, Tigi	DALE CITY LI		17.46	2

Girls 200 Meter Dash 13-14

Name	Year Team	Seed	Finals	H#
1 Evans, Raven	DALE CITY LI	26.50	26.37	5
2 Howard, Jillian	ASHBURN ELIT	26.40	26.61	5
3 Orneval, Iyana	DALE CITY LI	27.50	27.45	4
4 Gooden, Lena	DALE CITY LI	26.80	27.53	5
5 Guerrero, Ariana	SPEED UNLIMI	27.00	27.70	5
6 Thomas, Asia	ASHBURN ELIT	26.70	27.86	5
7 Simpson, Laila	DALE CITY LI	27.00	27.88	5
8 Snow, Timia	D.C. SPEED T	29.45	27.97	4
9 Stewart, Emily	ASHBURN ELIT	27.12	27.99	4
10 Bush, Zoe	SPEED UNLIMI	27.30	28.00	4
11 Blue, Alaycea	DALE CITY LI	27.60	28.44	4
12 Bishop, Gabrielle	DALE CITY LI	27.50	28.52	4
13 Coles, Viana	VIRGINIA PRI	28.00	28.54	4
14 Giles, Morgan	ASHBURN ELIT	30.30	28.76	3
15 Davis, Lauren	2ND TO NONE	27.03	29.04	4
16 Yeboah, Jada	DALE CITY LI		29.61	1
17 Dabney, Maya	DALE CITY LI		29.62	2
18 Ferguson, Jaidyn	CAROLINE YOU	30.00	29.72	3
19 Hicks, Aurelia	DALE CITY LI		29.73	2
20 Hagans, Mahina	DALE CITY LI	30.00	29.80	3
21 rivera, jeciana	FORT BELVOIR		30.79	1
22 Harris, NaKaela	DALE CITY LI		30.89	2
23 Greene, Kaitlyn	ASHBURN ELIT		31.19	1
24 Trotter, Eriyelle	D.C. SPEED T	30.00	31.90	3
25 Carroll-Nelson, Aysha	FALMOUTH TID		32.40	2
26 brewer, honesty	FORT BELVOIR		33.13	2
27 Preddie, Jenae'	D.C. SPEED T	37.00	34.07	3
28 Rouse, Camryn	VIRGINIA PRI		34.64	1
29 Kargbo, Tigi	DALE CITY LI		36.39	2
30 Britt, Nadya	2ND TO NONE	40.08	36.47	3
-- McFarland, Mikayla	UNATTACHED	26.00	DNF	5

## Girls 400 Meter Dash 13-14

Name	Year Team	Seed	Finals	H#
1 McFarland, Mikayla	UNATTACHED	1:00.00	1:00.38	3
2 Orneval, Iyana	DALE CITY LI	1:03.00	1:03.23	3
3 Coles, Viana	VIRGINIA PRI	1:08.00	1:04.18	2
4 Guerrero, Ariana	SPEED UNLIMI	1:02.00	1:04.41	3
5 Snow, Timia	D.C. SPEED T	1:10.00	1:05.01	2
6 Davis, Lauren	2ND TO NONE	1:06.00	1:06.43	3
7 Hagans, Mahina	DALE CITY LI	1:07.00	1:06.96	2
8 Pringle, Jayla	FALMOUTH TID	1:10.00	1:08.69	2
9 Bush, Zoe	SPEED UNLIMI	1:05.00	1:08.86	3
10 rivera, jeciana	FORT BELVOIR		1:10.67	1
11 Johnson, Belinda	2ND TO NONE	1:04.00	1:11.71	3
12 Dabney, Maya	DALE CITY LI	1:09.00	1:17.45	2
13 brewer, honesty	FORT BELVOIR		1:17.57	1
14 Carroll-Nelson, Aysha	FALMOUTH TID	1:24.00	1:19.68	1
15 Rouse, Camryn	VIRGINIA PRI		1:21.26	1
16 Britt, Nadya	2ND TO NONE	1:31.56	1:37.56	1
-- Guillory, Synclare	ASHBURN ELIT	1:18.00	DNF	2

## Girls 800 Meter Run 13-14

Name	Year Team	Seed	Finals
1 Dillard, Sadie	ASHBURN ELIT		2:42.45
2 Hagans, Mahina	DALE CITY LI	2:44.00	2:47.46
3 Orneval, Iyana	DALE CITY LI		2:49.61
4 Cox, Finley	ASHBURN ELIT		2:51.48
5 Pringle, Jayla	FALMOUTH TID	2:58.00	2:53.44
6 Hatch, Kennedy	DALE CITY LI	3:00.00	2:56.66
7 Zimmerman, Makenzie	ASHBURN ELIT		2:59.15
8 Johnson, Belinda	2ND TO NONE	2:40.00	3:07.72
9 Porch, Molly	DALE CITY LI		3:28.64

## Girls 1500 Meter Run 13-14

Name	Year Team	Seed	Finals
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1	Dillard, Sadie	ASHBURN ELIT	5:46.85
2	Kieschnick, Ashlyn	VIRGINIA PRI	6:06.86
3	Zimmerman, Makenzie	ASHBURN ELIT	6:10.60
4	Hatch, Kennedy	DALE CITY LI	6:06.00 6:14.45
5	Johnson, Belinda	2ND TO NONE	6:00.00 6:36.70
6	Porch, Molly	DALE CITY LI	7:06.55

## Girls 4x100 Meter Relay 13-14

	Team	Seed	Finals
1	DALE CITY LIGHTNING 'A'		50.38
2	ASHBURN ELITE TRACK CLUB 'A'		52.57

## Girls 4x400 Meter Relay 13-14

	Team	Seed	Finals
1	DALE CITY LIGHTNING 'A'		4:15.62

## Girls 4x800 Meter Relay 13-14

	Team	Seed	Finals
1	DALE CITY LIGHTNING 'A'		11:50.94

## Girls 800 Sprint Medley 13-14

	Team	Seed	Finals
1	ASHBURN ELITE TRACK CLUB 'A'		1:56.51
2	DALE CITY LIGHTNING 'B'		2:00.55

## Girls Long Jump 13-14

	Name	Year Team	Seed	Finals
1	Guerrero, Ariana	SPEED UNLIMI	15-09.00	14-10.50
2	Trotter, Eriyielle	D.C. SPEED T	14-00.25	14-01.75
3	Ferguson, Jaidyn	CAROLINE YOU	14-00.25	14-01.00
4	Simpson, Laila	DALE CITY LI		13-09.25
5	Giles, Morgan	ASHBURN ELIT		13-08.00

## Girls Shot Put 13-14

	Name	Year Team	Seed	Finals
1	Gee, Kyla	MUSTANGS TRA	36-00.00	34-02.75
2	Woolfolk, Naomi	DALE CITY LI	38-01.25	32-01.25
3	Preddie, Jenaee'	D.C. SPEED T	30-00.00	30-04.50
4	Johnson, Belinda	2ND TO NONE		26-03.50
5	Trotter, Eriyielle	D.C. SPEED T	28-00.00	25-10.25
6	Lewis, Jucenia	ASHBURN ELIT		25-07.75
7	Byrd, Mariyah	D.C. SPEED T	35-00.25	25-05.75

## Girls 100 Meter Dash 15 &amp; Over

	Name	Year Team	Seed	Finals	H#
1	Snell, Bria	SPEED UNLIMI	12.60	12.76	3
2	Small, Taylor	DALE CITY LI		13.04	1
3	Diggs, Courtney	DALE CITY LI		13.24	1
4	Hanks, MaKenzie	DALE CITY LI	12.90	13.27	3
5	Berry, Raven	SPEED UNLIMI	13.30	13.33	3
6	Giles, Jordan	ASHBURN ELIT	13.66	13.38	2
7	Briscoe, Kendall	VIRGINIA PRI	13.50	13.53	3
8	Bass, Yukorah	ASHBURN ELIT	13.63	13.54	2
9	Hawkins, Nneoma Samantha	D.C. SPEED T	12.80	13.72	3
10	Kargbo, Mariama	DALE CITY LI	13.00	13.86	3
11	Thompson, Jasmine	DALE CITY LI		13.87	2
12	Cox, Ashley	DALE CITY LI		13.90	1
13	Bryson, Brianna	DALE CITY LI		14.02	2
14	Melvin, Daria	DALE CITY LI		14.28	1

15	Bolden, Kemari	SPEED UNLIMI	14.00	14.44	2
16	Kieschnick, Macayla	VIRGINIA PRI		14.50	1
17	Kayowa, Marie	DALE CITY LI		14.62	1
18	Faz, Madison	DALE CITY LI		14.91	2
19	Stallworth, Amirah	DALE CITY LI		14.94	1

## Girls 200 Meter Dash 15 &amp; Over

Name	Year	Team	Seed	Finals	H#
1	Small, Taylor	DALE CITY LI		26.59	1
2	Snell, Bria	SPEED UNLIMI	25.60	26.82	3
3	Hanks, MaKenzie	DALE CITY LI	27.00	27.20	3
3	Diggs, Courtney	DALE CITY LI		27.20	2
5	Berry, Raven	SPEED UNLIMI	26.70	27.42	3
6	Briscoe, Kendall	VIRGINIA PRI	27.80	28.04	3
7	Bass, Yukorah	ASHBURN ELIT	29.30	28.28	2
8	Cox, Ashley	DALE CITY LI		28.58	1
9	Thompson, Jasmine	DALE CITY LI		28.85	1
10	Kargbo, Mariama	DALE CITY LI	27.30	29.35	3
11	Bryson, Brianna	DALE CITY LI		30.16	1
12	Bolden, Kemari	SPEED UNLIMI	30.00	30.66	2
13	Organ, Nakiyah	D.C. SPEED T	28.40	31.61	2
14	Holsendorff, Laila	D.C. SPEED T	28.06	32.12	2

## Girls 400 Meter Dash 15 &amp; Over

Name	Year	Team	Seed	Finals	H#
1	Berry, Raven	SPEED UNLIMI	1:02.00	1:02.21	2
2	Davis, Makayla	CAROLINE YOU	1:03.00	1:05.09	2
3	Thompson, Jasmine	DALE CITY LI		1:05.30	1
4	Snell, Bria	SPEED UNLIMI	1:05.00	1:06.28	2
5	Bryson, Brianna	DALE CITY LI		1:09.79	1
6	Holsendorff, Laila	D.C. SPEED T	1:07.00	1:10.52	2
7	Bolden, Kemari	SPEED UNLIMI	1:08.00	1:11.01	1
8	Bruento, Brianna	VIRGINIA PRI		1:12.12	1
9	Barthlow, Sophia	VIRGINIA PRI		1:15.61	1

## Girls 800 Meter Run 15 &amp; Over

Name	Year	Team	Seed	Finals
1	Bolton, Annika	VIRGINIA PRI		2:47.56
2	Nahom, Katie	UNATTACHED	2:36.00	2:48.68
3	Davis, Makayla	CAROLINE YOU		2:50.41
4	Holsendorff, Laila	D.C. SPEED T	3:02.00	3:14.89

## Girls 4x100 Meter Relay 15 &amp; Over

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		51.97
2 ASHBURN ELITE TRACK CLUB 'A'		52.22

## Girls 800 Sprint Medley 15 &amp; Over

Team	Seed	Finals
1 DALE CITY LIGHTNING 'B'		2:00.06
2 DALE CITY LIGHTNING 'A'		2:05.25

## Girls Long Jump 15 &amp; Over

Name	Year	Team	Seed	Finals
1	Giles, Jordan	ASHBURN ELIT	17-00.00	16-05.50
2	Small, Taylor	DALE CITY LI		16-04.50
3	Hawkins, Nneoma Samantha	D.C. SPEED T	16-05.00	16-00.00
4	Melvin, Daria	DALE CITY LI		14-05.50
5	Hatcher, Cami	CAROLINE YOU	14-00.25	14-03.50
6	Barthlow, Sophia	VIRGINIA PRI		12-03.50

## Girls Shot Put 15 &amp; Over

Name	Year	Team	Seed	Finals
1 Kayowa, Marie		DALE CITY LI		29-10.00
2 Jones, Katie		2ND TO NONE		26-05.50
3 Hawkins, Nneoma Samantha		D.C. SPEED T		21-11.00
4 Organ, Nakiyah		D.C. SPEED T		21-07.00
5 Stallworth, Amirah		DALE CITY LI		18-02.00
6 Barthlow, Sophia		VIRGINIA PRI		14-10.00

## Girls 50 Meter Dash 6 &amp; Under

Name	Year	Team	Seed	Finals
1 Herring, Kenya		LIGHTNING EA		10.83
2 Loney, Kennedy		LIGHTNING EA		11.69
3 Ellis-Johnson, Isabella		LIGHTNING EA		13.02
4 Neely, Kailyn		LIGHTNING EA		14.45

## Girls 100 Meter Dash 6 &amp; Under

Name	Year	Team	Seed	Finals
1 Williams, Summer		ASHBURN ELIT		19.14
2 Herring, Kenya		LIGHTNING EA		20.39
3 Ellis-Johnson, Isabella		LIGHTNING EA		23.58
4 Woods, Kyndall		WALDORF WILD		24.78
5 Neely, Kailyn		LIGHTNING EA		26.75
6 Reid, Aryanna		LIGHTNING EA		30.49

## Girls Long Jump 6 &amp; Under

Name	Year	Team	Seed	Finals
1 Herring, Kenya		LIGHTNING EA		5-03.50
-- Neely, Kailyn		LIGHTNING EA		ND
-- Reid, Aryanna		LIGHTNING EA		ND
-- Loney, Kennedy		LIGHTNING EA		ND

## Boys 100 Meter Dash 7-8

Name	Year	Team	Seed	Finals	H#
1 Lawrence, Caiden		ASHBURN ELIT	15.22	15.17	2
2 Gary, Logan		SPEED UNLIMI	15.70	16.38	2
3 English, Marley		D.C. SPEED T		16.65	2
4 Crawford, Brycen		VIRGINIA PRI		16.79	2
5 Keitt, Amari		SPEED UNLIMI	16.80	17.06	2
6 Armstrong, Steven		SPEED UNLIMI	16.90	17.31	2
7 Bailey, Kaidyn		LIGHTNING EA		17.67	1
8 Ballard- Maung, Elijah		VIRGINIA PRI		18.38	2
9 Jordan, Tristan		DALE CITY LI		18.61	1
10 Parker, Blake		DALE CITY LI		20.59	1
11 Meeks, Kayden		WALDORF WILD		23.41	1

## Boys 200 Meter Dash 7-8

Name	Year	Team	Seed	Finals	H#
1 Lawrence, Caiden		ASHBURN ELIT	33.00	33.73	3
2 Bureau, Miles		DALE CITY LI		34.09	1
3 Lawless, Colton		DALE CITY LI		34.99	2
4 Gary, Logan		SPEED UNLIMI	32.00	35.04	3
5 Elliott, Chase		DALE CITY LI		35.17	3
6 Crawford, Brycen		VIRGINIA PRI		35.64	1
7 Keitt, Amari		SPEED UNLIMI	37.00	35.69	3
8 Page, Andrew		WALDORF WILD		37.15	1
9 Williams, Joshua		DALE CITY LI		38.96	2
10 Singleton, Marcus		DALE CITY LI		39.36	1
11 Fancher*, Justin		LIGHTNING EA		39.39	1
12 Armstrong, Steven		SPEED UNLIMI	37.90	40.40	3
13 Ballard- Maung, Elijah		VIRGINIA PRI		42.19	3
14 Jordan, Tristan		DALE CITY LI		42.51	3
15 Cooke, Sebastian		DALE CITY LI		42.92	1

16 Pfister, Elijah	DALE CITY LI	44.61	1
17 Kolb, Tariq	DALE CITY LI	44.92	2
18 Meeks, Kayden	WALDORF WILD	49.10	2
19 Parker, Blake	DALE CITY LI	51.65	2

## Boys 400 Meter Dash 7-8

Name	Year Team	Seed	Finals	H#
1 Crawford, Brycen	VIRGINIA PRI		1:24.13	1
2 Keitt, Amari	SPEED UNLIMI	1:20.00	1:26.70	2
3 Armstrong, Steven	SPEED UNLIMI	1:28.00	1:32.60	2
4 Fancher*, Justin	LIGHTNING EA		1:34.18	1
5 Ballard- Maung, Elijah	VIRGINIA PRI		1:40.28	1
6 Meeks, Kayden	WALDORF WILD		1:42.85	1

## Boys 800 Meter Run 7-8

Name	Year Team	Seed	Finals
1 Harmon, Benjamin	ASHBURN ELIT		5:22.04

## Boys 1500 Meter Run 7-8

Name	Year Team	Seed	Finals
1 Yeats, Rainer	D.C. SPEED T		8:17.31
2 Harmon, Benjamin	ASHBURN ELIT		9:53.64

## Boys 4x100 Meter Relay 7-8

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		1:07.95
2 LIGHTNING EASTEND 'A'		1:12.38
3 DALE CITY LIGHTNING 'B'		1:14.18
4 D.C. SPEED TRACK CLUB 'A'		1:15.91

## Boys 4x400 Meter Relay 7-8

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		5:30.91
2 LIGHTNING EASTEND 'A'		5:40.74
3 DALE CITY LIGHTNING 'B'		6:48.47

## Boys 800 Sprint Medley 7-8

Team	Seed	Finals
1 LIGHTNING EASTEND 'A'		2:30.11
2 D.C. SPEED TRACK CLUB 'A'		3:03.42

## Boys Long Jump 7-8

Name	Year Team	Seed	Finals
1 Gary, Logan	SPEED UNLIMI	11-08.25	11-06.25
2 Winfield, Jordan	LIGHTNING EA	8-00.25	11-04.50
3 Gaddy**, Dezmon	LIGHTNING EA	10-00.25	10-02.00
4 Wright, Jaquan	LIGHTNING EA	9-08.25	9-09.00

## Boys 100 Meter Dash 9-10

Name	Year Team	Seed	Finals	H#
1 Rouse**, Christopher	LIGHTNING EA	14.00	14.49	3
2 Craig, Avery	D.C. SPEED T	14.70	14.52	3
3 Hadley, Cole	D.C. SPEED T	14.43	14.71	3
4 Bell, Jermaine	D.C. SPEED T	14.59	15.13	3
5 Waddy, Jackson	SPEED UNLIMI	15.00	15.17	3
6 Snow, Timothy	D.C. SPEED T		16.10	1
7 Childs Jr., Ishmael	SPEED UNLIMI	16.00	16.25	2
8 Miller, Donovan	D.C. SPEED T	15.60	17.12	3

9	Herrera, Nathan	DALE CITY LI	17.54	2
10	Pfister, Xzavier	DALE CITY LI	18.07	1
11	Pippen, Dominic	DALE CITY LI	18.66	2
12	Johnson, Joshua	DALE CITY LI	19.36	2
13	Kennedy, Ben	DALE CITY LI	24.42	1

## Boys 200 Meter Dash 9-10

Name	Year	Team	Seed	Finals	H#
1	Freeman III, Warren	DALE CITY LI		28.87	1
2	Smith, Joshua-kai	DALE CITY LI		29.41	3
3	Crawford, Kylar	DALE CITY LI		29.56	4
4	Craig, Avery	D.C. SPEED T	31.00	29.73	5
5	Rouse**, Christopher	LIGHTNING EA	29.30	30.08	5
6	Bell, Jermaine	D.C. SPEED T	32.00	30.35	5
7	Hadley, Cole	D.C. SPEED T	32.90	31.30	5
8	Cox, Jaelyn	DALE CITY LI		31.97	2
9	Childs Jr., Ishmael	SPEED UNLIMI	32.00	32.00	5
10	Fancher*, Jahari	LIGHTNING EA	34.30	32.58	4
11	Dell jr, Laurence	DALE CITY LI		33.32	2
12	Bryson, Jaylen	DALE CITY LI		33.55	1
13	Robinson, Sean Michael	DALE CITY LI		33.78	1
14	Tibbs, Amin	DALE CITY LI		33.87	2
15	Snow, Timothy	D.C. SPEED T		34.28	4
16	Franklin*, Harry	LIGHTNING EA		34.29	4
17	Fawlkes, Julius	WALDORF WILD		36.00	2
18	Herrera, Nathan	DALE CITY LI		36.21	4
19	Windsor, Alex	WALDORF WILD		37.48	2
20	Turner, Landon	WALDORF WILD		38.76	3
21	Pfister, Xzavier	DALE CITY LI		38.77	3
22	Miller, Donovan	D.C. SPEED T	34.00	39.06	4
23	rivera, jose	FORT BELVOIR		40.29	3
24	Johnson, Joshua	DALE CITY LI		42.40	1

## Boys 400 Meter Dash 9-10

Name	Year	Team	Seed	Finals	H#
1	Craig, Avery	D.C. SPEED T	1:10.00	1:11.56	3
2	Smith, Joshua-kai	DALE CITY LI		1:12.44	1
3	Fancher*, Jahari	LIGHTNING EA	1:17.00	1:13.21	3
4	Williams**, Joseph	LIGHTNING EA	1:12.00	1:15.34	3
5	Waddy, Jackson	SPEED UNLIMI	1:13.00	1:15.90	3
6	Hull, Troy	2ND TO NONE	1:10.00	1:16.35	3
7	Childs Jr., Ishmael	SPEED UNLIMI	1:15.00	1:16.44	3
8	Bryson, Jaylen	DALE CITY LI		1:16.85	1
9	Tibbs, Amin	DALE CITY LI		1:19.15	1
10	Blackburn, Kingston	LIGHTNING EA		1:19.29	1
11	Dell jr, Laurence	DALE CITY LI		1:19.73	2
12	Barboza Jr, Byron	DALE CITY LI		1:23.26	1
13	rivera, jose	FORT BELVOIR		1:28.60	1
14	Trotter, Edrick	D.C. SPEED T	1:22.00	1:29.84	2
15	Miller, Donovan	D.C. SPEED T	1:28.00	1:34.23	2
16	Johnson, Joshua	DALE CITY LI		1:39.67	2

## Boys 800 Meter Run 9-10

Name	Year	Team	Seed	Finals
1	Robinson, Sean Michael	DALE CITY LI	2:55.00	2:49.99
2	Hull, Troy	2ND TO NONE	3:00.00	3:02.11
3	Franklin*, Harry	LIGHTNING EA		3:02.31
4	Trotter, Edrick	D.C. SPEED T	3:08.00	3:22.90
5	Blackburn, Kingston	LIGHTNING EA		3:22.94
6	rivera, jose	FORT BELVOIR		3:27.32
7	Pippen, Dominic	DALE CITY LI	3:46.00	3:33.36
8	Barboza Jr, Byron	DALE CITY LI		3:35.53
9	Kennedy, Ben	DALE CITY LI		4:05.22

## Boys 1500 Meter Run 9-10

Name	Year	Team	Seed	Finals
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1	Diaz, Jaiden	VIRGINIA PRI		5:39.34
2	Currier, Charles	VIRGINIA PRI		6:13.47
3	Gibbs, Jeremiah	DALE CITY LI		6:18.24
4	Trotter, Edrick	D.C. SPEED T	6:25.00	6:20.76
5	Kennedy, Ben	DALE CITY LI		8:12.93

## Boys 4x100 Meter Relay 9-10

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		57.09
2 DALE CITY LIGHTNING 'B'		1:02.99
3 WALDORF WILDCATS YOUTH SPORTS 'A'		1:09.85

## Boys 4x400 Meter Relay 9-10

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		5:11.69
2 WALDORF WILDCATS YOUTH SPORTS 'A'		5:57.83

## Boys 800 Sprint Medley 9-10

Team	Seed	Finals
1 LIGHTNING EASTEND 'A'		2:23.67

## Boys Long Jump 9-10

Name	Year Team	Seed	Finals
1 Crawford, Kylar	DALE CITY LI		15-01.00
2 Williams**, Joseph	LIGHTNING EA	13-00.00	11-10.75
3 Downey, Brandon	DALE CITY LI		11-09.00
4 Cox, Jaelyn	DALE CITY LI		11-08.50
5 Hadley, Cole	D.C. SPEED T	12-06.00	11-08.25
6 Bell, Jermaine	D.C. SPEED T	11-00.00	11-08.25
7 Pfister, Xzavier	DALE CITY LI		9-11.50
8 Blackburn, Kingston	LIGHTNING EA		8-10.50

## Boys Shot Put 9-10

Name	Year Team	Seed	Finals
1 Snow, Timothy	D.C. SPEED T		19-00.75
2 Hull, Troy	2ND TO NONE	18-11.25	18-02.25
3 shumans, shane	FORT BELVOIR		13-11.00

## Boys 100 Meter Dash 11-12

Name	Year Team	Seed	Finals	H#
1 Geter, Chase	MUSTANGS TRA	13.05	12.94	2
2 Al-Amin, Farraj	DALE CITY LI	13.20	13.49	2
3 Morrad, Dean	ASHBURN ELIT		13.85	1
4 Gillard, Dylan	DALE CITY LI		14.65	1
5 Padgett, Jay	UNATTACHED	14.87	14.95	2
6 Gore, David	SPEED UNLIMI	15.00	15.23	2
7 Mandhara, Ameya	ASHBURN ELIT		15.92	1
8 Hutcherson, Tahj	2ND TO NONE	15.01	17.27	2
9 summers, drake	FORT BELVOIR		17.87	1

## Boys 200 Meter Dash 11-12

Name	Year Team	Seed	Finals	H#
1 Martin, Kavon	D.C. SPEED T		27.81	2
2 Pineda, Nick	ASHBURN ELIT	28.00	28.01	2
3 Johnson, Niles	WALDORF WILD		28.75	1
4 Gillard, Dylan	DALE CITY LI		31.19	1
5 Padgett, Jay	UNATTACHED	29.70	32.50	2
6 Green, Nicolas	DALE CITY LI		33.21	1
7 Gore, David	SPEED UNLIMI	34.00	33.64	2
8 Mandhara, Ameya	ASHBURN ELIT		34.61	1

9	Harden, Jadon	WALDORF WILD		35.77	1
10	Windsor, Wesley	WALDORF WILD		36.28	1
11	Hutcherson, Tahj	2ND TO NONE	33.00	37.74	2
12	rivera, hector	FORT BELVOIR		37.75	2
13	Eicher, Ryan	2ND TO NONE		38.14	1

## Boys 400 Meter Dash 11-12

Name	Year	Team	Seed	Finals	H#
1	Al-Amin, Farraj	DALE CITY LI	1:03.00	1:02.93	2
2	Green, Nicolas	DALE CITY LI		1:11.13	1
3	Galbert, Jordan	VIRGINIA PRI		1:11.54	1
4	Gillard, Dylan	DALE CITY LI		1:15.43	1
5	Padgett, Jay	UNATTACHED	1:12.10	1:15.54	2
6	rivera, hector	FORT BELVOIR		1:15.91	1
7	Garrett, Connor	SPEED UNLIMI	1:15.00	1:17.22	2
8	Hull, Jeremy	2ND TO NONE	1:08.00	1:19.61	2
9	Harris, Ahmir	DALE CITY LI		1:22.25	1
10	Mandhara, Ameya	ASHBURN ELIT		1:26.42	1
11	Gore, David	SPEED UNLIMI	1:17.00	1:27.74	2
12	summers, drake	FORT BELVOIR		1:32.46	1
13	Woolfolk, Quentin	2ND TO NONE	1:32.00	1:32.77	1
14	Eicher, Ryan	2ND TO NONE	1:29.00	1:33.69	2
15	Hutcherson, Tahj	2ND TO NONE	1:15.00	1:36.26	2

## Boys 800 Meter Run 11-12

Name	Year	Team	Seed	Finals
1	Johnson, Caleb	D.C. SPEED T	2:42.37	2:37.21
2	Alpha, Musa	D.C. SPEED T		2:43.26
3	Franklin, Larry	D.C. SPEED T	2:58.00	2:45.30
4	Hull, Jeremy	2ND TO NONE	2:44.00	2:51.35
5	rivera, hector	FORT BELVOIR		2:55.82
6	Harmon, Jonathan	ASHBURN ELIT	2:50.00	3:03.20
7	Penaloza, Anthony	DALE CITY LI	2:57.00	3:04.87

## Boys 1500 Meter Run 11-12

Name	Year	Team	Seed	Finals
1	Franklin, Larry	D.C. SPEED T		5:38.08
2	Harris, Ahmir	DALE CITY LI		5:41.89
3	Harmon, Jonathan	ASHBURN ELIT	5:50.00	5:41.93
4	Penaloza, Anthony	DALE CITY LI	6:28.00	6:23.61

## Boys 4x100 Meter Relay 11-12

Team	Seed	Finals
1 ASHBURN ELITE TRACK CLUB 'A'		57.65
2 WALDORF WILDCATS YOUTH SPORTS 'A'		1:00.13

## Boys 800 Sprint Medley 11-12

Team	Seed	Finals
1 ASHBURN ELITE TRACK CLUB 'A'		2:06.83
2 D.C. SPEED TRACK CLUB 'A'		2:07.48

## Boys Long Jump 11-12

Name	Year	Team	Seed	Finals
1	Al-Amin, Farraj	DALE CITY LI		14-09.25
2	Monroe, Joubari	CAROLINE YOU	12-00.25	13-08.25
3	Galbert, Jordan	VIRGINIA PRI		13-03.25
4	Smith, Lucas	ASHBURN ELIT		11-09.25
5	Green, Nicolas	DALE CITY LI		11-05.50
6	Penaloza, Anthony	DALE CITY LI		10-11.25
--	Alpha, Musa	D.C. SPEED T		ND

## Boys Shot Put 11-12

Name	Year Team	Seed	Finals
1 Hull, Jeremy	2ND TO NONE	21-04.00	22-01.50
2 Galbert, Jordan	VIRGINIA PRI		20-02.50
3 Woolfolk, Quentin	2ND TO NONE	15-10.25	17-00.50
4 Eicher, Ryan	2ND TO NONE		11-06.50

## Boys 100 Meter Dash 13-14

Name	Year Team	Seed	Finals	H#
1 Gallant, Austin	UNATTACHED	11.98	12.02	3
2 Hudson, Stephen	ASHBURN ELIT	12.68	12.31	3
3 Al-Amin, Jibreel	DALE CITY LI	12.20	12.55	3
4 Brown, Cole	ASHBURN ELIT	13.18	12.69	3
5 Sledd, Zevonn	ASHBURN ELIT	13.28	12.76	2
5 Herrera, Angel	DALE CITY LI	12.30	12.76	3
7 Belle, Austin	DALE CITY LI	12.83	12.79	3
8 Coates, Tristan	VIRGINIA PRI		12.81	1
9 Foster, Andrew	ASHBURN ELIT	12.80	12.96	3
10 Bryson, Davis	DALE CITY LI		12.97	2
11 Galloway, Kyle	ASHBURN ELIT	12.81	13.07	3
12 Geter II, Michael	MUSTANGS TRA	13.30	13.30	2
13 Chang, Nicholas	VIRGINIA PRI		13.43	1
14 Porch, Anthony	DALE CITY LI		13.56	1
15 Bell, Jayson	ASHBURN ELIT	13.34	13.66	2
16 Robinson, David	ASHBURN ELIT	13.45	13.79	2
17 Pippen, Jaevon	DALE CITY LI		13.95	2
18 Goodwin, Justin	ASHBURN ELIT	13.80	14.08	2
19 Adams, Myles	VIRGINIA PRI		14.24	1
20 Dickens, D'Angelo	DALE CITY LI		14.52	1
21 Burgis, Landyn	DALE CITY LI		14.64	1

## Boys 200 Meter Dash 13-14

Name	Year Team	Seed	Finals	H#
1 Dudley, Bryce	SPEED UNLIMI	25.00	24.85	4
2 Al-Amin, Jibreel	DALE CITY LI	25.30	25.96	4
3 Sledd, Zevonn	ASHBURN ELIT	29.13	26.00	2
4 Boxley, Winston	SPEED UNLIMI	25.00	26.12	4
5 Bryson, Davis	DALE CITY LI		26.14	1
6 Herrera, Angel	DALE CITY LI	25.30	26.21	4
7 Galloway, Kyle	ASHBURN ELIT	26.21	26.58	3
8 Brown, Cole	ASHBURN ELIT	27.80	26.79	3
9 Wearing, Giovanni	ASHBURN ELIT	27.15	26.84	3
10 Belle, Austin	DALE CITY LI		26.98	1
11 Chang, Nicholas	VIRGINIA PRI		27.16	1
12 Foster, Andrew	ASHBURN ELIT	26.12	27.35	4
13 Pippen, Jaevon	DALE CITY LI		28.43	1
14 Porch, Anthony	DALE CITY LI		28.66	1
15 Goodwin, Justin	ASHBURN ELIT	29.11	28.78	3
16 Robinson, David	ASHBURN ELIT	27.96	28.97	3
17 Dickens, D'Angelo	DALE CITY LI		29.73	1
18 Foreman, Andrew	WALDORF WILD		30.41	2
19 Chadwick, Kevin	VIRGINIA PRI		32.28	2
20 Montgomery, Kai	DALE CITY LI		36.92	2

## Boys 400 Meter Dash 13-14

Name	Year Team	Seed	Finals	H#
1 Gallant, Austin	UNATTACHED	52.44	52.92	2
2 Dudley, Bryce	SPEED UNLIMI	53.60	53.38	2
3 Garrett, Christian	SPEED UNLIMI	56.00	56.37	2
4 Boxley, Winston	SPEED UNLIMI	58.00	59.24	2
5 Chang, Nicholas	VIRGINIA PRI		59.33	1
6 Wearing, Giovanni	ASHBURN ELIT	1:01.00	59.72	2
7 Goodwin, Justin	ASHBURN ELIT	1:08.00	1:03.73	1
8 Adams, Myles	VIRGINIA PRI		1:06.40	1
9 Webb, Nikko	UNATTACHED	1:08.16	1:09.65	1
10 Woolfolk, Xavier	2ND TO NONE	1:06.00	1:09.86	2
11 Chadwick, Kevin	VIRGINIA PRI		1:12.90	1

12 Burgis, Landyn DALE CITY LI 1:14.12 1

Boys 800 Meter Run 13-14

Name	Year Team	Seed	Finals
1 Dudley, Bryce	SPEED UNLIMI	2:13.00	2:10.70
2 Garrett, Christian	SPEED UNLIMI	2:16.00	2:15.41
3 Whyte, Jah	DALE CITY LI	2:19.15	2:26.87
4 Murphy, Avery	DALE CITY LI	2:40.00	2:30.12
5 Boxley, Winston	SPEED UNLIMI	2:23.00	2:34.33
6 Mannino, Madison	ASHBURN ELIT		2:39.76
7 Webb, Nikko	UNATTACHED	2:43.00	2:45.40
8 Michaels, Anthony	2ND TO NONE	2:47.56	2:49.84
9 watson, barrett	FORT BELVOIR		2:50.20
10 watson, alexander	FORT BELVOIR		2:52.31
11 Woolfolk, Xavier	2ND TO NONE	2:49.00	2:52.40
12 Burgis, Landyn	DALE CITY LI		2:55.00

Boys 1500 Meter Run 13-14

Name	Year Team	Seed	Finals
1 Whyte, Jah	DALE CITY LI	5:00.00	4:58.02
2 Byrd, Darryl	DALE CITY LI		5:07.69
3 Murphy, Avery	DALE CITY LI	5:24.00	5:08.33
4 Mannino, Madison	ASHBURN ELIT		5:23.13
5 Webb, Nikko	UNATTACHED	5:36.44	5:26.18
6 watson, barrett	FORT BELVOIR		5:30.19
7 watson, alexander	FORT BELVOIR		5:30.78
8 Michaels, Anthony	2ND TO NONE	5:46.00	5:33.68

Boys 4x100 Meter Relay 13-14

Team	Seed	Finals
1 ASHBURN ELITE TRACK CLUB 'A'		48.68
2 DALE CITY LIGHTNING 'A'		49.73
3 ASHBURN ELITE TRACK CLUB 'B'		56.58

Boys 4x400 Meter Relay 13-14

Team	Seed	Finals
1 ASHBURN ELITE TRACK CLUB 'A'		4:09.78

Boys 4x800 Meter Relay 13-14

Team	Seed	Finals
1 DALE CITY LIGHTNING 'A'		10:16.67

Boys 800 Sprint Medley 13-14

Team	Seed	Finals
1 ASHBURN ELITE TRACK CLUB 'A'		1:49.48

Boys Long Jump 13-14

Name	Year Team	Seed	Finals
1 Belle, Austin	DALE CITY LI	16-10.50	16-04.00
2 Porch, Anthony	DALE CITY LI		16-03.50
3 Webb, Nikko	UNATTACHED	11-00.00	13-00.00
4 Adams, Myles	VIRGINIA PRI		12-03.00

Boys Shot Put 13-14

Name	Year Team	Seed	Finals
1 Gallant, Austin	UNATTACHED	51-11.00	46-03.50
2 Chadwick, Kevin	VIRGINIA PRI		23-07.50
3 Michaels, Anthony	2ND TO NONE	23-05.50	23-06.00

4 Woolfolk, Xavier	2ND TO NONE	22-02.25	22-06.75
5 Montgomery, Kai	DALE CITY LI		20-02.25

## Boys 100 Meter Dash 15 &amp; Over

Name	Year Team	Seed	Finals	H#
1 Coates, Jackson	VIRGINIA PRI	11.50	11.33	4
2 Coates, Mitchell	VIRGINIA PRI	11.90	11.53	3
3 Kelly, Zion	SPEED UNLIMI	11.20	11.68	4
4 Taylor, Christopher	2ND TO NONE	11.60	11.77	4
5 Stevens, Shomari	SPEED UNLIMI	11.50	11.86	4
6 Galbert, Rudie	VIRGINIA PRI	11.85	12.01	4
7 Dabney, Derrick	DALE CITY LI		12.03	1
8 Murrell, Christian	ASHBURN ELIT	12.30	12.14	3
9 Park, Riley	ASHBURN ELIT		12.16	1
10 Diggs, Cory	DALE CITY LI		12.30	1
11 Herrera, Nilsson	DALE CITY LI	11.80	12.31	4
12 Faustin, Jordan	ASHBURN ELIT	12.70	12.47	2
13 Hughes, Jake	ASHBURN ELIT	12.58	12.49	3
14 Smith, Carson	ASHBURN ELIT	12.47	12.58	3
15 Barnes, Tasiri	DALE CITY LI		12.66	1
15 You, Camron	ASHBURN ELIT	13.38	12.66	2
17 Lavine Jr, David	ASHBURN ELIT	12.43	13.01	3
18 Lim, Joshua	DALE CITY LI		13.30	2
19 Robinson, Nathanael	ASHBURN ELIT		13.31	1
20 Hobbs, Karon	D.C. SPEED T		13.67	2
21 Jones II, Jacinto	2ND TO NONE	13.46	13.82	2
22 Rivera, Robert	ASHBURN ELIT		14.20	2

## Boys 200 Meter Dash 15 &amp; Over

Name	Year Team	Seed	Finals	H#
1 Kelly, Zion	SPEED UNLIMI	22.70	22.88	4
2 Robinson, Jeremiah	ASHBURN ELIT	23.00	23.60	4
3 Thompson, Glendell	DALE CITY LI		24.05	1
4 Dabney, Derrick	DALE CITY LI		24.16	2
5 Taylor, Christopher	2ND TO NONE	23.00	24.28	4
6 Stevens, Shomari	SPEED UNLIMI	23.00	24.29	4
7 Lassic, Jahmeer	CAROLINE YOU	25.00	24.31	3
8 Diggs, Cory	DALE CITY LI		25.12	1
9 Herrera, Nilsson	DALE CITY LI	24.60	25.32	4
10 Barnes, Tasiri	DALE CITY LI		25.39	2
11 Faustin, Jordan	ASHBURN ELIT	26.29	25.53	2
12 Brown, Rockland	ASHBURN ELIT	24.90	25.82	3
13 You, Camron	ASHBURN ELIT	27.44	25.95	2
14 Freeman, Kameron	CAROLINE YOU	25.00	26.10	3
15 Hughes, Jake	ASHBURN ELIT	27.62	26.65	2
16 Robinson, Nathanael	ASHBURN ELIT	27.28	27.19	2
17 Johnson, Camren	DALE CITY LI		27.58	1
18 Jones II, Jacinto	2ND TO NONE	28.06	27.70	2
19 Hobbs, Karon	D.C. SPEED T		28.03	1
20 Rivera, Robert	ASHBURN ELIT		29.79	1

## Boys 400 Meter Dash 15 &amp; Over

Name	Year Team	Seed	Finals	H#
1 Kelly, Zion	SPEED UNLIMI	49.00	50.36	3
2 Thompson, Glendell	DALE CITY LI		53.14	1
3 Julapalli, Sumedh	VIRGINIA PRI	55.00	55.08	3
4 Lassic, Jahmeer	CAROLINE YOU	56.00	55.35	2
5 Julapalli, Subodh	VIRGINIA PRI	55.00	55.54	3
6 Galbert, Rudie	VIRGINIA PRI	55.00	55.56	3
7 Diggs, Cory	DALE CITY LI		56.50	1
8 Burns, Willie	DALE CITY LI	57.00	56.70	2
9 Taylor, Christopher	2ND TO NONE	52.00	58.31	3
10 Freeman, Kameron	CAROLINE YOU	58.00	58.53	2
11 Barnes, Tasiri	DALE CITY LI		58.75	1
12 Stevens, Shomari	SPEED UNLIMI	1:02.00	59.76	1
13 Lim, Joshua	DALE CITY LI		1:01.98	1
14 Hobbs, Karon	D.C. SPEED T		1:02.87	1
15 Jones II, Jacinto	2ND TO NONE	1:04.55	1:03.29	1

## Boys 800 Meter Run 15 &amp; Over

Name	Year	Team	Seed	Finals
1 Thompson, Glendell		DALE CITY LI		2:09.38
2 Burns, Willie		DALE CITY LI	2:02.00	2:11.92
3 Janis, Nicolas		ASHBURN ELIT		2:36.26

## Boys 4x100 Meter Relay 15 &amp; Over

Team	Seed	Finals
1 ASHBURN ELITE TRACK CLUB 'A'		46.38
2 ASHBURN ELITE TRACK CLUB 'B'		48.50

## Boys 4x400 Meter Relay 15 &amp; Over

Team	Seed	Finals
1 VIRGINIA PRIDE TRACK & FIELD C 'A'		3:45.33
2 ASHBURN ELITE TRACK CLUB 'A'		4:02.61

## Boys 800 Sprint Medley 15 &amp; Over

Team	Seed	Finals
1 ASHBURN ELITE TRACK CLUB 'A'		1:41.87
2 DALE CITY LIGHTNING 'A'		1:45.38
3 ASHBURN ELITE TRACK CLUB 'C'		1:53.39
-- ASHBURN ELITE TRACK CLUB 'B'		DNF

## Boys Long Jump 15 &amp; Over

Name	Year	Team	Seed	Finals
1 Brown, Rockland		ASHBURN ELIT		17-10.00
2 Johnson, Camren		DALE CITY LI		16-08.00
3 Smith, Carson		ASHBURN ELIT		14-11.25
4 Murrell, Christian		ASHBURN ELIT		14-03.00

## Boys 50 Meter Dash 6 &amp; Under

Name	Year	Team	Seed	Finals
1 Fox, Dallas		WALDORF WILD		10.83
2 Parker, Bryce		DALE CITY LI		12.78

## Boys 100 Meter Dash 6 &amp; Under

Name	Year	Team	Seed	Finals
1 Parker, Bryce		DALE CITY LI		19.26
2 kotara, skyler		FORT BELVOIR		23.57
3 Taylor, Zion		LIGHTNING EA		24.79
4 Fox, Dallas		WALDORF WILD		33.94

## Boys Long Jump 6 &amp; Under

Name	Year	Team	Seed	Finals
1 kotara, skyler		FORT BELVOIR		6-05.00