



Marlo Mullen has been involved with the Fort Belvoir Sonic Boom Track Club since 2010 as a volunteer member of the staff, Logistics Manager, webmaster, and team photographer. During his tenure with the club, he has received his Level 1 USATF certified Coaching certification and USATF official certification. He assists Coach Herman and Coach Greene with many of the club daily functions and informing the club with any club updates via text message and emails. Marlo Mullen also is the event photographer and webmaster for the Sonic Boom Track Club. Marlo Mullen also assist coaches with the Track and Field Winter offseason training program, and has also assist the 115lb and 130lb Fort Belvoir Football team with photos and team equipment.

An avid track and field and football fan, Marlo Mullen ran track for Woodrow Wilson High School where he was a premier sprinter. He is a two-time Indoor and Outdoor VHSL AAA State Championship participant in the 55 meter dash and the 400 meter dash. In 1995, Marlo Mullen participated in the Junior Olympics held at UNC Chapel Hill, NC where he recorded a time of 49.6 in the 400-meter dash. After graduating from high school, Marlo Mullen received a track and field partial scholarship to Shaw University. During his tenure at Shaw University, Marlo Mullen specialized in the 200m (21.9), 400m (48.7), and ran both 4x100 and 4x400 relays. Marlo Mullen transferred to Norfolk State University where there he decided to join the US Army after 1 year of attendance.

Away from the track, Marlo Mullen is an Information Technology Specialist for the Department of Homeland Security (Coast Guard). His prior military experience includes 3.5 years as a light wheel vehicle mechanic in the Army. He served at Fort Polk, LA, South Korea, and Schofield Barracks, HI. Never losing sight of his educational goals, Marlo Mullen graduated from the University of Phoenix in 2009 with a Bachelor's Degree in Information Technology and added a Master's Degree in Business with a concentration of Program Management from Strayer University 2011.

Marlo Mullen has one child: Je'Mere, who is also on the Sonic Boom Track Team. During his spare time, Marlo Mullen enjoys jogging, golfing, basketball, football, playing video games, and playing fantasy football. Marlo Mullen brings energy and enthusiasm along with impeccable leadership credentials to the Sonic Boom Track Club. Marlo Mullen motivates the team to do their best work and make decisions that will bring career and personal happiness. Marlo Mullen gains personal satisfaction by being able to leave a legacy of knowledge, insight and experience, and enhanced visibility and prestige with the Sonic Boom Track Club.