

Northern Virginia TRACK CLASSIC

SATURDAY MAY 13TH

RIVERSIDE HIGH SCHOOL

19019 Upper Belmont Place
Leesburg, VA 20176

HOSTED BY

Ashburn Elite Track Club & Dulles South Track Club

>ENTRY INFO

\$8/per athlete. \$16/relay
Spectator Fee \$5

>REGISTRATION INFO

Entries for competition and payment will only be accepted through online registration at www.coacho.com. Entries must be received by Tuesday, May 9th 2017 by 11:59pm.

>ELIGIBILITY

A competitor in Primary, Sub-Bantam, Bantam & Midget may enter a maximum of three (3) events. All other competitors may enter a maximum of four (4) events, including relays. No bare feet or stocking feet; shirts required; max 1/4" spikes.

>AWARDS

Top three finishers including relays will receive medals.
Places 4th-6th will receive ribbons.
Awards will be ready for pick up at the conclusion of the meet.

>ORDER OF EVENTS

10:45 - Long Jump & Coaches meeting
11:15 - Running events start

80m/100m hurdles - Ages 11+
100m - All ages
1500m - Ages 7+
200 hurdles - Ages 13+
4x100 - Ages 7+
400 - Ages 7+
800 - Ages 7+
100m finals
200 - All ages
4x400 - Ages 7+

>FIELD EVENTS

Long Jump - All ages
High Jump - Ages 9+
Triple Jump - Ages 13+
Turbo Javelin - All ages
Shot Put - Ages 7+
Discus - Ages 11+

*Age Divisions are determined by age on December 31, 2017

THIS EVENT HOSTED BY:



>FACILITIES

400 meter all weather track with 8 lanes 42"; all weather runways and concrete circles; FAT timing. No tape on decks, radios, glass containers or open grills allowed in the Stadium. Tents and/or umbrellas will be allowed on the top row of the stadium only. Restrooms are available at facility. Parking lots are located near the Stadium.

>MEET DIRECTORS

Derrick Greene: 703-725-3346
Vannie Coles: 404-513-9530