

# GLENARDEN TRACK CLUB DEVELOPMENTAL INVITATIONAL

- SPONSOR:** GLENARDEN TRACK CLUB  
**DATE:** MAY 13-14, 2022
- PLACE:** PRINCE GEORGE'S SPORTS & LEARNING COMPLEX  
8001 SHERIFF ROAD  
LANDOVER, MD 20785
- TIME:** Coaches meeting 8:00 a.m. Meet starts promptly at 8:30 a.m.
- LABELS:** EACH TEAM MUST SUPPLY LABELS FOR THEIR ATHLETES
- Event Limit:** Maximum of three events per athlete for 12 and under, four for 13 and up (relays and field events included).
- Age Limitation:** Age will be determined as of December 31<sup>st</sup> 2022. A violation of this rule will Subject the athlete and/or team to disqualification from the meet.
- ENTRY FEE:.** Payment must be in the form of cash, certified check, club check or money orders. **NO PERSONAL CHECKS.** Make checks payable to Glenarden Track Club. Fees are \$7.00 per athlete and \$24.00 per relay. Maximum team fee is \$450.00.
- Surface:** Tartan surface. 1/4" spikes are permitted.  
Come prepared to run. No radios or tape recorders permitted on the premises.
- AWARDS:** Medals for 1<sup>st</sup> thru 6<sup>th</sup> places for Individual events and Relays.
- INFORMATION:** Contact: Henry McCallum Jr. 301-322-7356  
Phillip Barrett Sr. 301-336-4697  
Elenora Battle 301-599-8407

## **THIS IS A USATF SANCTIONED MEET.**

### **DIRECTIONS:**

**From 495: Take Landover Road exit 17B. Get into left lane off the ramp onto Landover Road. Take left onto Bright seat Road. Get into the right lane and merge onto sheriff road. DO NOT TURN AT THE FIRST LIGHT TO GO UP TO THE COMPLEX. GO TO THE NEXT ENTRANCE ON YOUR LEFT. YOU WILL NOT BE ALLOWED TO ENTER NO OTHER WAY BECAUSE THE ROADS WILL BE BLOCKED FOR THE AIR SHOW PARKING. THERE WILL BE PARKERS TO DIRECT YOU WHERE TO PARK.**

PLEASE PASS THIS INFORMATION ON TO YOUR PARENTS.

LOCATION: PRINCE GEORGE'S SPORTS AND LEARN COMPLEX



FRIDAY EVENTS: STARTING TIME 6:00 PM Friday May 13

200 Meter Hurdles	<b>13/14 Only</b>
4 X 800	<b>Ages 11/12 13/14 15&amp;Up</b>
80/100/110 Hurdles	<b>11/12 13/14 15&amp;Up</b>
1500 Racewalk	<b>9/10 11/12 13/14 15&amp; Up</b>

8&U 9/10 STARTING TIME 8:00 AM Saturday May 14

4 X 400	<b>8&amp;U 9/10</b>
1500M Run	<b>8&amp;U 9/10</b>
100 TRIALS	<b>8&amp;U 9/10 Top 8 times to Finals</b>
50 Meter	<b>6 &amp; Under</b>
400	<b>8&amp;U 9/10</b>
100 FINALS	<b>8&amp;U 9/10</b>
800M Run	<b>8&amp;U 9/10</b>
200M	<b>8&amp;U 9/10</b>
4 X 100	<b>8&amp;U 9/10</b>

11/12 13/14 15& Up Events STARTING TIME 1:30pm Saturday May 14

4 X 400	<b>11/12 13/14 15&amp; Up</b>
1500 M Run	<b>11/12 13/14 15&amp; Up</b>
100 TRIALS	<b>11/12 13/14 15&amp; Up Top 8 times to Finals</b>
400 FINALS	<b>11/12 13/14 15&amp; Up</b>
100 FINALS	<b>11/12 13/14 15&amp; Up</b>
800M Run	<b>11/12 13/14 15&amp; Up</b>
200M	<b>11/12 13/14 15&amp; Up</b>
4 X 100	<b>11/12 13/14 15&amp; Up</b>

**Coaches & Parent (4x100)**

**MAXIMUM OF THREE JUMPS OR THROWS**

FIELDS EVENTS: STARTING TIME 8:30 AM

<b>Shot Put</b>	<b>9/10 8&amp;U</b>
<b>Long Jump</b>	<b>9/10 8&amp;U</b>
<b>Turbo Javelin</b>	<b>8&amp;U only 9/10</b>
<b>High Jump</b>	<b>9/10</b>

**MAXIMUM OF THREE JUMPS OR THROWS  
FIELDS EVENTS: STARTING TIME 1:30 PM**

Shot Put	11/12 13/14 15&Up
Long Jump	15&Up 11/12 13/14
Aero Javelin	11/12
High Jump	15 &UP 13/14 11/12

**\*\*\*DISCLAIMER\*\*\***

**In consideration of my team/individual entry into the competition known as the Glenarden Track Club Invitational, I, intending to be legally bound, do hereby for my team/individual, executors and administrators, waive release and forever discharge any and all rights for claims and damages, including any claims for loss, damages or injury to my team/individual personnel or property arising out of my team/individual performance or failure of performance from the Glenarden Track Club, Potomac Valley Association, the M\_NC PPC Department of Parks and Recreation, and the Prince George's Sports and Learning Complex, their agents, representatives, successors and assigns.**

**I certify that to the best of my knowledge and belief, all team/individual members are in good physical condition and have no disease or injury that would impair performance in competition. I, the undersigned, declare on my honor that my team/individual is of amateur status, and I also give permission for the use of my team's/individual name and or picture to appear in any official documentary, sponsor advertisement, newspaper, broadcast, telecast, or other account of this event.**

**TEAM/INDIVIDUAL NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**Email Address** \_\_\_\_\_

**COACH'S/INDIVIDUAL NAME** \_\_\_\_\_

**PHONE** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_